

PLEASE NOTE whilst we take great care in safely preparing your food, our kitchen does also produce other gluten products & sometimes gluten particles escape our control & could be a source of contamination.

We also produce items containing NUTS (pesto, brownie & some daily specials) please make us aware if you have any anaphylactic allergies.

GF = Gluten Free Ingredients / GFA = Gluten Free available on request (lunch order only)

V = Vegetarian Ingredients / VA = Vegetarian on request (lunch order only)

2023 TERM 2 – ONLINE CANTEEN MENU

SANDWICH BAR

<i>Toasted Focaccias (GFA)</i>	
Ham, Cheese & Tomato	\$6.00
Chicken, Pesto, Spinach, Cheese	\$6.00
Spinach, Feta & Pumpkin (V)	\$6.00
<i>Toasted Sandwiches (GFA)</i>	
Cheese	\$3.00
Ham & Cheese	\$3.50
Vegemite & Cheese	\$3.50
Ham, Tomato & Cheese	\$4.00
Chicken & Cheese	\$4.00
<i>Salad Rolls (GFA)</i>	
Ham, Cheese & Salad	\$5.50
Chicken, Cheese & Salad	\$5.50
Gluten Free Bread	.80c

BAKERY

(one sauce given with each bakery item)

Pie - regular	\$4.50
Pie - small	\$3.00
Party Pie	\$1.80
Sausage Rolls	\$3.50
Party Sausage Rolls	\$1.80
Spinach & Ricotta Sausage Roll (V)	\$3.50
Gluten Free Pie	\$5.00
Gluten Free Sausage Roll	\$4.00
Gluten Free Party Pie	\$2.00
Gluten Free Party Sausage Roll	\$2.00
EXTRA SAUCE (Tomato or Soy)	.20c

Steamed Dim Sims	\$1.00
Noodle Cups – Beef, Chicken	\$3.00
Gluten Free Noodle Cup – Beef, Chicken	\$3.00

DRINKS

Oak Lite Milk 300ml – Chocolate, Strawberry	\$2.50
Just Juice 200ml - Orange, Apple, Apple Blackcurrant	\$2.00
Water	\$2.00
Hydrate Flavoured Water – Lemon & Lime, Berry	\$3.50
Juice 450ml – Orange, Apple, Orange Passionfruit	\$3.50
Waterfords Mineral Water	
– Blackcurrant, Passionfruit, Raspberry	\$3.50
Ice Break - Iced Coffee (SECONDARY ONLY)	\$4.50

Online Canteen Special

Sausage Roll	
Oak Lite Milk 300ml (choc/strawb)	\$5.50

Oops I forgot my lunch pack

Toasted Ham & Cheese Sandwich	
Apple	
Small Homemade Muffin	
Just Juice	\$7.50

WEEKLY SPECIALS

Weekly Salad Special (GF)	\$7.00
Monday	
Pasta of the Day	\$7.00
Tuesday	
Hot Chip Tuesday (GF,V)	\$3.50
Wednesday	
Burger of the Day	\$7.00
<i>(Alternating weeks of Beef Burger or Chicken Bacon Burger)</i>	
Thursday	
Indian Curry of the Day (GF)	\$7.00
Friday	
Chinese Fried Rice (GF)	\$7.00
<i>(Alternating weeks of Chinese BBQ Pork or Teriyaki Chicken)</i>	

THURSDAY TAKE HOME MEALS

(Pick up Thursday between 2:30 & 3:30, orders close Tuesday 4pm, see newsletter for Weekly Options)

Weekly Take Home Special (GF)	\$8.00
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SNACKS

Apples	.70c
Yoghurt & Toasted Muesli Cup	\$3.50
Homemade Biscuits	.50c
Chocolate Yum Balls	.50c
Gluten Free Cookie	.50c
Homemade Muffins	small \$1.50 large \$3.50
Brownie (GF)	\$2.00
Homemade Slices	\$2.00
Slice or Brownie ½ slice (PRIMARY ONLY)	\$1.00
Smiths Chip – Salt & Vinegar, Original	\$2.50
Zooper Doopers (GF)	.50c