



Diary Dates

Term Two Focus: Diligence

February

April

Week 3

Mon 29th – Yr 1/2 Swimming Program Commences
 Tues 30th – Yr 6 GRIP Leadership – Red Energy Arena
 Tues 30th – VGT Finals

May

Wed 1st – 3rd – Yr 10 OED Grampians Camp
 Wed 1st – Primary Sandhurst Cross Country
 Wed 1st – Yr 12 Elevate Study Sessions
 Thurs 2nd – Yr 9/10 Sandhurst Sports
 Fri 3rd – Yr 7/8 Sandhurst Boys Football
 Fri 3rd – Yr 11 VCE Careers Expo Excursion
 Sat 4th – VRT Calder Park Race

Week 4

Mon 6th – Yr 11 OES Excursion
 Tues 7th – Yr 10 Care and Community Lunch Excursion
 Tues 7th – Yr 8 Kryal Castle Excursion
 Tues 7th – Yr 5/6 Discovery Centre Excursion
 Wed 8th – Prep-4 Music Incursion
 Wed 8th – Yr 11/12 Theatre Studies Performance 5:00pm
 Wed 8th – Yr 5/6 Discovery Centre Excursion
 Thurs 9th – PPE Program Parent Information Session
 Fri 10th – Secondary Sandhurst Cross Country
 Fri 10th – Mother's Day Stall
 Fri 10th – Yr 9/10 Environmental Science Excursion
 Fri 10th – Yr 1/2 Swimming Program Concludes

Week 5

Mon 13th – Yr 3/4 Discovery Centre Excursion
 Tues 14th-17th – Duke of Ed Camp
 Tues 14th – Girls in STEM Excursion
 Wed 15th – Open Day Tours
 Thurs 16th – Sandhurst Yr 7/8 Girls Netball, Yr7/8 Soccer
 Thurs 16th – Yr 9/10 Cold War and WWII Excursion
 Fri 17th – Yr 11 Environmental Studies Excursion
 Fri 17th – Yr 9 Advanced PE Excursion

Week 6

Mon 20th – Fri 24th – Schoolastic Book Fair
 Mon 20th – Term Two Church Service
 Tues 21st – Yr 11 Environmental Studies Excursion
 Wed 22nd – VCE Theatre Studies Play 7pm
 Wed 22nd – Yr 1/2T and 1/2P Science Excursion
 Thurs 23rd-24th - VCE Environmental Studies Camp
 Thurs 23rd – Yr 1/2S and 1/2C Science Excursion
 Fri 24th – VCE Basketball
 Fri 24th – Yr 9 Advanced PE Excursion

Week 7

Tues 28th – SCAP Presentation Evening 7:30pm
 Tues 28th – Prep Fire Education 11:40am – 12:30pm
 Thurs 30th – Semester One Yr7-11 Exams Begin
 Fri 31st – Yr5/6 Sandhurst Hockey

MND Fundraiser

Thank you to all who participated, donated, and helped to make this day such a success. It is through our wonderful school community's support and donations that makes this event possible. We would like to take this opportunity to announce that we have well and truly reached our goal of \$5K, and are now sitting at over \$6k, with some funds still to clear. It is not too late to make a contribution. Simply access our donations link Here: [MND Fundraiser Donation](#)

We also want to give a big shout out and thank you to the Strathfieldsaye Fire Brigade who filled our dunk tank and Big Freeze Slide pool, and also to Stoneman's IGA Strath Village who donated all of the ice.

Daily Diligence

Internationally acclaimed violinist Midori believes that focused, diligent practice is the key to performance. While playing a rigorous schedule of 90 concerts a year, she still practices an average of 5 or 6 hours a day. Jane Ammeson, in *NWA WorldTraveler* magazine, quoted Midori as saying: "I have to practice for my job and I practice every day. . . . It's not really the hours, but the quality of the work that needs to be done. I see with students, that they play and they call it practice, but they are not listening and not watching. If you have your textbook open, it doesn't mean that you are studying."

That same principle applies to our walk of faith. The Apostle Paul wrote to Timothy,

"Be diligent to present yourself approved to God, a worker who does not need to be ashamed, rightly dividing the Word of truth" - 2 Timothy 2:15.

Diligence implies constant, earnest, and careful effort, and is the opposite of a careless, inattentive approach. It embraces every aspect of our relationship with God and living life.

Just as a musician strives for excellence, we should want to serve God and others with diligence. And we know that one day when we look back at our life, the diligent effort will reap a satisfying reward.

Upcoming Events

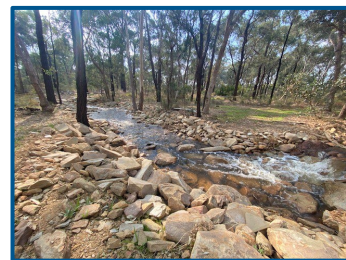
Term Two - Year 1/2 Swimming Program

Year One and Two students will begin swimming lessons at Paul Sadler Swim School during Weeks Three and Four of Term Two. Parents, please fill out the Google Form below at your earliest convenience. The form will help to determine your child's swimming ability so instructors can place your child in an appropriate level. Once lessons commence, students must bring a towel, swimwear, goggles, and a bag for wet clothes. Further information will soon be available on Compass. Google Form for level selection: <https://forms.gle/fgKoneSMXcgFAooU6>

VCE Environmental Science

Year Eleven Enviro students will be spending the next few months monitoring the biodiversity and water in the Kennington Reservoir whilst it is being drained. The reservoir started to be drained a few weeks ago, and now it's just under half full. This is a great opportunity for students to observe change over time. This week students visited the site and recorded the pH, temperature, phosphate levels, electrical conductivity, and turbidity. Currently, these levels are still in the 'very good' range.

To find out more about the Council Kennington Reservoir project and information about the 'Talkin Turtles' session being held this weekend, please visit: <https://go.bendigo.vic.gov.au/kenningtonfishhabitat>



Year 10 Outdoor Education

The Year Ten Outdoor Education class will have an opportunity to explore the outdoors on a two-night hike in the Grampians National Park from the 1st - 3rd May. The students will be experiencing a variety of levels of difficulty along the circuit walk and students will be preparing for this during class in the coming weeks. We will be camping at two campsites, Stony Creek Campground and Borough Huts Campground. On the final day of camp, students will also be engaging in a half day of rock climbing and abseiling with Absolute Outdoors. Please refer to Compass for more details and to approve the permission form.

Elevate Education

On Wednesday 1st May, Elevate Education will be presenting a seminar titled 'Finishing Line' to VCC Year Twelve students, this seminar will cover topics such as:

- Overcoming weaknesses in the lead up to exams
- The role of exam study groups
- Stress management techniques and wellbeing
- Study routines for swotvac and holidays.

Elevate education is renowned Australia wide for delivering study skill programs that actually work.

Upcoming Events

VCE Careers Expo

On Friday 3rd May, Year Eleven students have the opportunity of attending the annual VCE Careers Expo at the Melbourne Convention and Exhibition Centre. This expo has over 170 exhibitors which cover areas such as Universities, TAFE Colleges & other training providers, VCE resources and information, apprenticeship employment agencies, cadetship providers, ADF, VTAC, Ambulance Victoria, sports academies, Victoria Police, plus many more. VCE subject revision seminars will also be run throughout the day. Information has been sent home to parents via Compass and students should have been emailed by the organisers, however if there are any concerns or issues, please contact Mr Brady Herdman, Mr Brady Slingo or Ms. Liz Hogan

Victory Racing Team (VRT)

The next event for VRT is Round Two of the Vic Series on Saturday 4th May at Calder Park Raceway. We will have two teams racing in a seven-hour event. Information will be sent out via Compass this week to the students selected as part of the two teams. If you have any questions about VRT please contact Mr Murphy at Richardmurphy@vcc.vic.edu.au

Year 11 Outdoor & Environmental Studies

On Monday 6th of May, students in Year Eleven Outdoor & Environmental Studies will be undertaking a mountain bike ride along the O'Keefe Trail to Axedale. The excursion is designed to complement the theoretical studies that they have been covering in classes, as well as to give students the opportunity to extend their riding skills. They will depart the College at 9am and return to school during lunch for afternoon classes. Please refer to Compass for more information or contact Ro Rimmer on rorimmer@vcc.vic.edu.au

Year 11/12 Theatre Studies Play - Children Of The Black Skirt

The students in Year Eleven/ Twelve Theatre Studies have been busy preparing for their Unit 2/3 Theatre Studies play of 'Children of the Black Skirt' by Angela Betzien. They are acting in the play as well as preparing for the various aspects of the performance, including lighting, sounds, costumes, sets and props. You're invited to come and view their completed work. Tickets are FREE and are available via the links below:

[Wednesday 8th May 7PM](#) and [Thursday 9th May 7PM](#) in the VCE Mezzanine. A light supper will be provided following the show. We hope you enjoy the show!

Prep - Year 4 Musica Viva Australia Incursion

On Wednesday 8th May, Prep to Year Four students will be attending a performance of "Imagination Exploration" by jazz musical band, 'I Hold the Lion's Paw'. This interactive musical performance will be held in the College Auditorium at 9am, where students will use the experience for class discussions, musical analysis, and inspiration for their own performances in the Junior concert in Term Four.

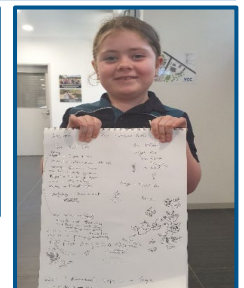


Parent Information Session - PPE Program

When: Thursday, May 9th, 3:30 – 4:00pm, Library (Room A5)

Who: Parents of Year Two - Four Students

Come along and hear from current parents in the program, an explanation of program details and application process, along with a Q&A.



In 2024 we have launched our Parents as Principle Educators (PPE) program for students in Year Two - Four, which works with parents to extend their relationship with their child through a semester-long shared learning experience. The aim of this is to promote a continued love of and purpose in learning as a natural part of the everyday lives of your family. This is a program unique to VCC, with participating parents spending 60 to 90 minutes once per week during school time together with their child, working on a passion project. Parents receive support and mentoring from VCC to maximise and celebrate achievement.

Upcoming Events

9/10 Environmental Science

On Friday 10th May students will be travelling by bus to visit the Mainstream Barramundi Aquaculture Farm. This forms part of their unit on Aquaponics. The farm is based in Werribee and therefore, students will need to be at the College by 7.45am for an 8am departure and will arrive back before the end of school day. Students may wear their Sports Uniform and should bring their lunch, snacks, and drink bottle. Please make sure that you approve the excursion on Compass if you would like your child to attend.

Year 3/4 Discovery Science & Technology Centre Excursion

On Monday 13th May, students in Year Three and Four will participate in an excursion to the Discovery Science & Technology Centre in Bendigo. Students will engage in a range of hands-on science exhibits, visit the planetarium, participate in a marble run workshop and be given the opportunity to explore forces while on the vertical slide. Students will travel by VCC bus, leaving VCC at 9:20am and returning at 2:30pm. Students need to bring a packed recess snack and lunch with them to the Discovery Centre. They will not have the opportunity to spend money during the excursion. Please make sure that all Operoo details are up-to-date. We are looking forward to a great learning experience!

VCE Environmental Science – Phascogale Monitoring

On Friday 17th May and Tuesday 21st May, the Year Eleven Environmental Science class will be split into two, to allow students to monitor the Phascogale boxes. Students monitor the boxes twice a year, and feed the data back to Parks Victoria to help them make decisions regarding the management of the species. These field trips provide a unique opportunity for students to learn authentic and practical scientific skills desired in environmental management jobs.

VCE Environmental Science – Overnight Spotlight and Camp Out

The VCE Environmental Science class will have an opportunity to explore the nocturnal species within the Greater Bendigo National Park on Thursday 23rd-24th May. Students will be camping at the school overnight to conduct spotlighting in the National Park behind the school. Breakfast will be provided by Adrian the next morning. Please refer to Compass for more information or contact Ro Rimmer on rorimmer@vcc.vic.edu.au

VGT Final

The VGT Final will be held at Lunchtime on Tuesday 30th April. After 18 amazing performances over four Heats, the Judges have chosen and notified the best five acts to advance to the Final. Students from Primary and Secondary are represented in the Final. There will also be a special guest performance from last year's winner: Steve Shinoy. Families are welcome to attend the performance.



College Information

Fee Rebate for Health Care Card Holders

The College offers a discount on tuition fees for families with Health Care Cards. The discount only applies while families are in receipt of this card. The rebate for 2024 is 10% of tuition fees. Please follow the link; [VCC Health Care Card](#) and email a copy of your Health Care Card to the Business Manager VCCHealthCareCard@vcc.vic.edu.au By completing this process, you will also be eligible for the Camps, Sports & Excursions Fund (CSEF) listed below.

Camps, Sports & Excursions Fund (CSEF)

CSEF will be provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps, and sporting activities. If you hold a valid Health Care Card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions, or sporting activities for the benefit of your child. The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

To apply, please follow the link provided; [VCC Health Care and CSEF Form](#)

SchoolTV - Exam Jitters

Trauma in children significantly disturbs their sense of safety and normalcy, leading to substantial emotional and behavioural changes. Such disturbances often result from exposure to traumatic events, which may be exacerbated by continuous media coverage. This exposure can trigger stress, anxiety, and trauma, with varying recovery timelines due to the unpredictable nature of trauma's impact. Observing young people grappling with these effects can be highly distressing for parents and caregivers. It's important to establish a nurturing environment to help restore a child's sense of security to help promote resilience. Active involvement in their recovery is essential, as is recognising the unique, personalised needs of each child in responding to trauma. Depending on their age, children may present with different symptoms, such as regressive behaviours in younger ones or withdrawal and agitation in older children and teens. It is important to monitor and manage the type of information children may access to reduce their emotional distress. The brain stores traumatic events as powerful emotional memories, influencing behaviour through mechanisms beyond a child's conscious awareness. By providing young people with support and equipping them with coping mechanisms to handle uncertainty, parents and carers can greatly enhance a child's capacity to recover and build long-term emotional resilience. This Special Report will help you identify a child experiencing trauma and how you can support them to overcome it. We hope you take time to reflect on the information offered in this Special Report, and as always, we welcome your feedback. If you do have any concerns about the wellbeing of your child, please contact the College for further information or seek medical or professional help.



Here is the link to your special report: [SchoolTV Trauma Recovery](#)

VCC Bus Travellers – RollCall Parent App

The VCC Bus service uses an electronic bus system called '[RollCall](#)' for student safety. The program provides families access to information using live bus tracking and provides the ability for parents/guardians to make changes to which bus stop on the route the student is to disembark. Students use their VCC Identification Card to tap on and off the VCC bus service to register their travel. Please note that for duty of care purposes, bus drivers will only allow students to disembark at the stop that is recorded on RollCall. If a change is required to the stop, parents/guardians must record the change through the RollCall Parent App no later than 2.30pm on the day of travel. We also remind parents that if your child/ren will not be travelling on the bus, to please remove them for that time so drivers are not waiting for non-travellers.

Students in Prep to Year Six, who are not travelling with older siblings, must have a parent or guardian waiting at the stop to collect them, unless prior arrangements with the College have been arranged.

If you have any questions, or have not yet downloaded the RollCall App, please email bus@vcc.vic.edu.au

Scholastic Book Club

Book Club Issue 3 order form was distributed to students this week. If you would like to purchase any items from this issue, please fill out the order form and place it with the correct money in an envelope and return it to Mrs Sheahan or the front office by **Friday 3rd May 2024**. Alternately, you have the option of making your purchase online through the LOOP payment option, and in this case, nothing needs to be returned to school. Every book purchased through Scholastic provides our school with bonus points, allowing us to purchase new resources and books for our school.

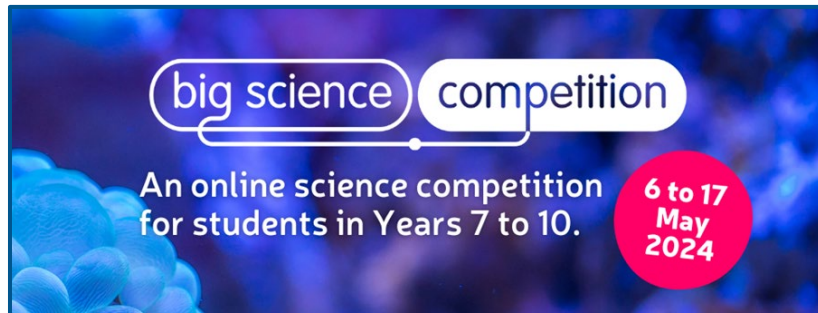
Term 2 Interschool Sports

This Term there are several Interschool Sports teams for students to try out for. Once team selections are complete, permission forms will be sent out via Compass. There will also be opportunities for students to assist with coaching and umpiring across the Interschool sports days. The current schedule for trainings and tryouts is below. Students are required to change into P.E uniform for the lunchtime training sessions.

Team	Lunchtime	Location
Year 9/10 Girls Netball	Monday	Gym
Year 7/8 Boys and Girls Soccer	Tuesday	Meet at the Gym
Year 7/8 Girls Netball	Tuesday	Gym
Year 9/10 Boys Soccer	Wednesday	G Oval
Year 7/8 Boys Football	Friday	G Oval

Big Science 2024 Competition

Attention students in Years Seven to Ten: Registration is now open for the Big Science Competition this year! If you're eager to put your science knowledge to the test against state and national standards, this is your chance. Exciting prizes await the winners! To participate, simply email Mrs. Hird at bethhird@vcc.vic.edu.au by **Monday the 29th April**. Want to know more about the competition? [Find your answers here.](#)



VCC Illustrate a Book Art Competition

Belinda McLean is a VCC parent and she has recently written a children's book called "Thought Garden." The book is going to be published and she is keen to hold an art competition where students can read her book and create some possible illustrations to accompany the story. She is hoping for the illustrations to be created using watercolour but is open to students' ideas for possible illustrations for the book, including digital designs. There will be some prizes for the best illustrations, including a double Gold Class Pass to Bendigo Cinemas. These will also be published in the VCC newsletter as well as put on display in the Glenavon Gallery. Winning entries may also inspire the actual illustrations in the published book.

[Art Competition Entry Form](#) (Google Form)

[Thought Garden Final First few Pages](#) (link to the book for inspiration)

Impetigo – School Sores

We wish to advise there has been a confirmed case of Impetigo (School Sores) in our Primary School Cohort. Parents are advised to please keep their child at home and seek medical advice if symptoms present. A fact sheet with further information can be found attached with this week's Newsletter.

Instrumental Music Program

VCC offers a wide range of musical instrument tuition, delivered by a dedicated team of experienced instructors. Instruments offered by the College include, but are not limited to: Violin, Viola, Trumpet, Trombone, Baritone, French Horn, Flute, Oboe, Clarinet, Alto Saxophone, Piano, Singing, Drums, Guitar and Bass Guitar. 30-minute lessons are conducted once a week during the school day. (Note, we are currently advertising for string and brass teachers.) Tuition fees are \$250 per term, invoiced by the College each term. We recommend that students wait until Year Two before learning an instrument. Children in Prep and Year One are advised to start with singing lessons. Please click on the following link to register for the program. Music tutors will contact parents directly with more information. [2024 Instrument and Singing Lesson Expression of Interest Form](#)

Students In Focus

Student Birthdays

Happy Birthday to all students who celebrated their birthdays this week! Mikenna Sims, Charlotte Breheny, Solomon Anderson, Violet Clarke, Ayaan Singh, Hugh White, Ezekiel Forster, Olivia Ead, Max Ellis, Rueben Morton, and Noah Nyamupfukudza.

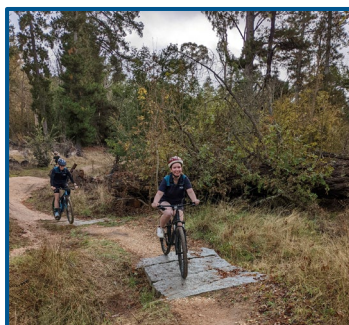
Students of the Week

Congratulations to our recent Students of the Week: Pavly Fam, Lucinda Mummery, Enenche Ajayi, Kip Wright, Alice Tawthoo, Zeb Chandler, Nivin Roopesh, Charlotte Lovriha, Maria Htoo, Baxter Reid, Jasper Stroud, Hannah Andrews, Nathan Daniel, Delilah Hewkins, Matthew Rees, Bridget Watson, Thomas Oldham, Parker McCulloch, and Connor Chambers. Some of the qualities recognised were; For enthusiastically participating in in classes, for a focused and diligent beginning to the term, and persistently improving in the classroom.



Year 12 Outdoor and Environmental Studies (OES)

Last Friday, students in Year Twelve OES enjoyed a day of mountain biking around Harcourt and Castlemaine. We began the day by exploring some trails at La Larr Ba Gauwa Park in Harcourt, then continued our journey along a section of the Goldfields Trail into Castlemaine. Throughout the day, students took the opportunity to examine the modern impacts that recreation and commercialisation have on the local environment.



Prep – Year 2 Field Athletics

The Prep to Year Two students have been focusing on field athletics, specifically long jump, shot put and the vortex throw. The students have shown great improvement and will be ready for our Athletics Day in Term Three.



Students In Focus

Run to D'Feet MND – Cross Country

On Tuesday, our school community rallied together in support of Motor Neuron Disease (MND) awareness during the MND Cross Country Event. Students showcased their athleticism in cross country races, also having the chance to get doused in blue coloured powder.

Cross Country Champions

Prep Female	Amaya Lowe
Prep Male	Patrick Kedis
Year One Female	Tanner Woolley
Year One Male	Zebulun Chandler
Year Two Female	Maya Morrissey
Year Two Male	Nathaniel Baird
8/9 Years Female	Jane Lonsdale
8/9 Years Male	Isaac Hemmings
10 Years Female	Isabella Hird
10 Years Male	Matthew Gaskell
11 Years Female	Blair Woolley
11 Years Male	Benji Herdman
12/13 Years Primary Female	Jenna Gaskell
12/13 Years Primary Male	Jasper Stroud
12/13 Years Secondary Female	Willow Jongebloed
12/13 Years Secondary Male	Jed Willis
14 Years Female	Annemieka Symes
14 Years Male	Mathew Arceri
15 Years Female	Isabella Johnston
15 Years Male	Noah Pedrotti
16 Years Female	Pippa Symes
16 Years Male	William Robinson
Open Female	Tahlia Kendall
Open Male	Josiah Bell

During lunchtime, the entire school congregated on the G oval and outside G building, where an array of festivities continued. From fairy floss and snow cones to airbrush tattoos and MND merchandise, there was something for everyone. The real highlight attractions were the Big Freeze Slide, Dry Slide, Water Bucket Challenges, and, of course, the eagerly anticipated teacher dunk tank. The day wrapped up with an assembly, where we celebrated race winners and presented tailored care packages to a representative from MND Victoria. A big thank you to all parents, staff, and students for their dedicated support in making a meaningful impact. The impact will be long-lasting!





NEWSLETTER
26 APRIL 2024



Victory Christian College Theircare acknowledges and extend appreciation for the Dja Dja Wurring People, the Traditional Owners of the land on which our school stands on. We pay respects to leaders and Elders past,present and future for they hold the memories, the traditions, the culture and the hopes of all Dja Dja Wurring Peoples.



We remembered the service and sacrifice of the soldiers on 25th April 1915 during World War 1.
With respect to Anzac Day, Children engaged in Anzac activities.

Exciting Program Ahead
Week : 3
Theme:Space

Times
Before School Care: 7:00AM- 8:45AM
After School Care: 3:10PM- 6:00PM

Contact Head Office
1300 072 410
info@theircare.com.au

Contact Service
0400222571
vccbendigo@theircare.com.au



JUNIOR 2024

Association for

BADMINTON CLASSICS

GIPPSLAND  ENTRIES CLOSE: MAY 12 COMP: MAY 18	BALLARAT  ENTRIES CLOSE: MAY 19 COMP: MAY 25	SHEPPARTON  ENTRIES CLOSE: JUNE 16 COMP: JUNE 22
BENDIGO  ENTRIES CLOSE: JUNE 23 COMP: JUNE 29	GEELONG  ENTRIES CLOSE: SEP 15 COMP: SEP 21	

Sunday 16th June, 11am - 2pm
Capital Theatre, 50 View Street, Bendigo



free entry Sunday **Sweet Session**



A fabulous line-up of talented Central Victorian female artisans selling their sweet deliciousness with a VERY special guest, promoting her new book 'Chocolate All Day'
~ **Australia's Queen of Chocolate, Kirsten Tibballs** ~
will be joining us for a demo/Q&A

Who are our sweet sisters?

Elie – Milky & Pinky's Cupcakes	Gina – Green Goddess / Hoo-gah
Hayley – Flavour + Heart	Sue – The Bluebird Barn
Greta – Bendigo Brittle	Hayley – Indulge Fine Belgian Choc
Louisa – Louisa Morris Cakes	Sonia – Masons of Bendigo
Frances – Frangipani Gluten Free	Laura – Sugar Rhythm
Jodie – Blumes Historic Bakery	Rosie - Squirrel Gully Saffron
Mia – Sweet Peach	Michel – Michel's Fine Biscuits Castlemaine
Lyndel and Annie – Thermomix Bendigo	Sue – Chocartiste

Big thanks to our sponsors:

		
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College Information



PLEASE NOTE whilst we take great care in safely preparing your food, our kitchen does also produce other gluten products & sometimes gluten particles escape our control & could be a source of contamination.

We also produce items containing NUTS (pesto, brownie & some daily specials) please make us aware if you have any anaphylactic allergies.

GF = Gluten Free Ingredients V = Vegetarian Ingredients

Canteen cards are available for purchase at the Office.

2024 TERM 2 OVER COUNTER CANTEEN MENU

DAILY MENU

Toasted Turkish Rolls	
Ham, Cheese & Tomato	\$6.00
Chicken, Pesto, Spinach, Cheese	\$6.00
Weekly Salad Special (GF)	\$7.00
Pie	\$5.00
Sausage Rolls	\$4.00
Extra Sauce	.20c
Steamed Dim Sims (minimum 2)	\$1.00
Noodle Cups (Secondary ONLY)	\$3.00
(Beef or Chicken) (GF available)	

DAILY LUNCHTIME SPECIALS

(Daily Specials are themed but vary week to week. Please check the Specials Board outside the canteen for details).

MONDAY

Pasta of the Day	\$7.00
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TUESDAY

Hot Chips (GF,V)	\$4.00
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WEDNESDAY

Burger of the Day	\$7.00
<i>(Alternating weeks of Beef Burger or Chicken Bacon Burger)</i>	

THURSDAY

Indian Curry of the Day (GF)	\$7.00
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FRIDAY

Chinese Fried Rice (GF)	\$7.00
<i>(Alternating weeks of Chinese BBQ Pork or Teriyaki Chicken)</i>	

RECESS SPECIALS

(Rotating daily specials menu)

Cheese Toasties (V)	\$2.00
Ham & Cheese Toasties	\$2.50
Mini Pizza	\$2.50
Ham & Cheese Croissant	\$2.50
Toasted Pizza Wrap Pockets	\$3.00
Egg & Bacon Muffin	\$3.00

SNACKS

Apples	.70c
Homemade Biscuits (GFA)	.50c
Chocolate Yum Balls	.50c
Homemade Muffins – Small	\$1.50
Homemade Muffins - Large	\$3.50
Homemade Slices	\$2.00
Homemade Brownie (GF)	\$2.00
Slice or Brownie ½ slice (PRIMARY ONLY)	\$1.00
Smith Chips (GF)	\$2.50
Zooper Doopers (GF)	.50c

DRINKS (GF)

Oak Milk 300ml - Chocolate/Strawberry	\$2.50
Just Juice 200ml	\$2.00
Water	\$2.00
Hydrate Flavoured Water	\$3.50
Juice 450ml - Orange/Apple/Passionfruit & OJ	\$3.50
Lipton's Iced Tea – Lemon, Peach, Mango, Passionfruit	\$3.50
Ice Break - Iced Coffee (Secondary ONLY)	\$4.50

College Information



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We also produce items containing NUTS (pesto, brownie & some daily specials) please make us aware if you have any anaphylactic allergies.

GF = Gluten Free Ingredients / GFA = Gluten Free available on request (lunch order only)

V = Vegetarian Ingredients / VA = Vegetarian on request (lunch order only)

2024 TERM 2 – ONLINE CANTEN MENU

SANDWICH BAR

Toasted Turkish Rolls (GFA)	
Ham, Cheese & Tomato	\$6.00
Chicken, Pesto, Spinach, Cheese	\$6.00
Spinach, Feta & Pumpkin (V)	\$6.00
<i>Toasted Sandwiches (GFA)</i>	
Cheese	\$3.00
Ham & Cheese	\$3.50
Vegemite & Cheese	\$3.50
Ham, Tomato & Cheese	\$4.00
Chicken & Cheese	\$4.00
<i>Salad Rolls (GFA)</i>	
Ham, Cheese & Salad	\$5.50
Chicken, Cheese & Salad	\$5.50
Gluten Free Bread	\$1.00

BAKERY

(one sauce given with each bakery item)

Pie - regular	\$5.00
Pie - small	\$3.50
Party Pie	\$2.20
Sausage Rolls	\$4.00
Party Sausage Rolls	\$2.20
Spinach & Ricotta Sausage Roll (V)	\$4.00
Gluten Free Pie	\$5.50
Gluten Free Sausage Roll	\$4.50
Gluten Free Party Pie & Sausage Roll Combo	\$4.50
EXTRA SAUCE (Tomato or Soy)	.20c
Steamed Dim Sims x3	\$3.00
Noodle Cups – Beef, Chicken	\$3.00
Gluten Free Noodle Cup – Beef, Chicken	\$3.00

Oops I forgot my lunch pack

Toasted Ham & Cheese Sandwich	
Apple	
Small Homemade Muffin	
Just Juice	\$7.50

WEEKLY SPECIALS

Weekly Salad Special (GF)	\$7.00
MONDAY	
Pasta of the Day	\$7.00
TUESDAY	
Hot Chips (GF,V)	\$4.00
WEDNESDAY	
Burger of the Day	\$7.00
<i>(Alternating weeks of Beef Burger or Chicken Bacon Burger)</i>	
THURSDAY	
Indian Curry of the Day (GF)	\$7.00
FRIDAY	
Chinese Fried Rice (GF)	\$7.00
<i>(Alternating weeks of Chinese BBQ Pork or Teriyaki Chicken)</i>	

Online Canteen Special

Sausage Roll	
Oak Lite Milk 300ml (Chocolate/Strawberry)	\$6.00

SNACKS

Apples	.70c
Homemade Biscuits	.50c
Chocolate Yum Balls	.50c
Gluten Free Cookie	.50c
Homemade Muffins	small \$1.50 large \$3.50
Brownie (GF)	\$2.00
Homemade Slices	\$2.00
Slice or Brownie ½ slice (PRIMARY ONLY)	\$1.00
Smiths Chip – Salt & Vinegar, Original	\$2.50

DRINKS

Oak Lite Milk 300ml – Chocolate, Strawberry	\$2.50
Juice Box 250ml - Orange, Apple, Apple Blackcurrant	\$2.00
Water	\$2.00
Hydrate Flavoured Water – Lemon & Lime, Berry	\$3.50
Juice 450ml – Orange, Apple, Orange Passionfruit	\$3.50
Lipton's Iced Tea – Lemon, Peach, Mango, Passionfruit	\$3.50
Ice Break - Iced Coffee (SECONDARY ONLY)	\$4.50